

North County Oldtimer Hockey Association

Code of Conduct and League Policies

Revised December, 2021

Our Purpose

To be a non-profit association of "mature" hockey players dedicated to the promotion and enjoyment of Oldtimer hockey in Picture Butte and Area

Rules

- **Body contact**. – There is to be no intentional body contact. A player is entitled to the ice that he is on and a reasonable path of travel.
- **High sticking** - No stick shall be allowed to play the puck or even intend to play the puck or make contact with another player above the knee. Waving at but non-contact with the puck or player with your stick is still a penalty.
- **Slap shots** - A stick raised higher than the knee (as measured on Mark Murphy) with a snap/slap shot is a penalty. **NO EXCEPTIONS** --- not even on break-aways.
- **Icing** – if icing is indicated , the "icing team" is to give their opponent the top of the face-off circle unimpeded . If not , the play will be whistled and 'true' icing will be called.
- **Stick work and hooking rule** - LOSE IT !! They took it out of the NHL in 2005. Now it is our turn!!!!
- **Take it easy rule** - especially against slower players or when going into corners etc. We all need to work the next day .
- **3 Penalty Rule** – if it is your third penalty of the game, immediate ejection and a disciplinary letter to follow.
- **Shots off of the "Goalie's mask"** - whistle the play down and play is stopped . Sometimes it is unavoidable and it simply happens - This is a 'respect' thing to prevent injury.
- **Fighting**. Self-explanatory. Immediate ejection and a review of the incident by the Board of NCOHA before being allowed to play again if ever .
- **General 'stupidity' rule -- ie "Don't be stupid"** – This applies to EVERYONE . We all need to go to work the next day.
- **Chirping referees** - go ahead and have "good natured fun" but serious chirping and rude or nasty comments will be penalized or dealt with by the board. If you don't like a call , make sure you know the rules. After that , ---- "suck it up". We are volunteer refs trying to do our best.

We highlighted some of the rules that have seemed to have the most discussion around them. Please review and if you have any questions talk to your league rep. This league is about having FUN, and being able to go to work the next day.